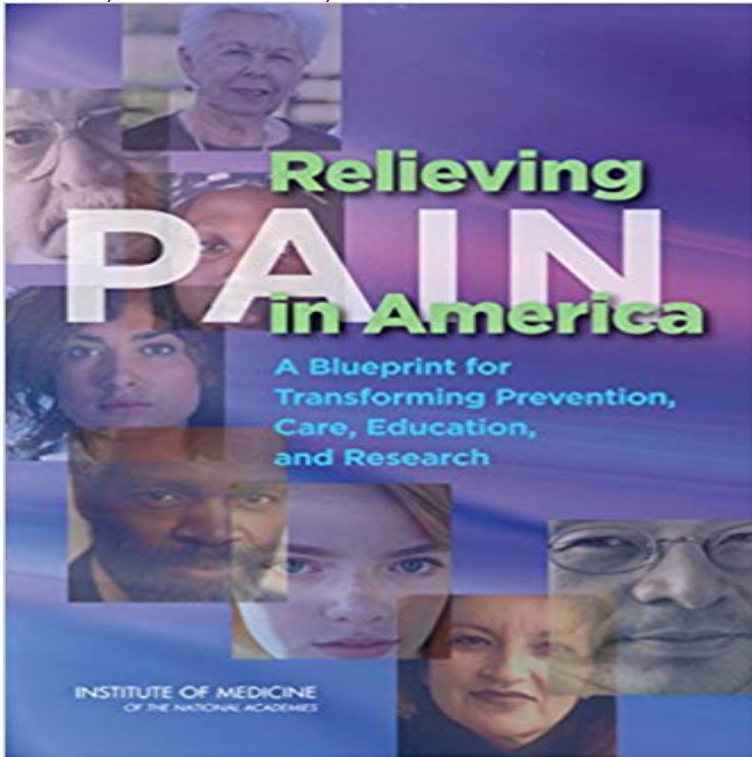


Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research



Chronic pain costs the nation up to \$635 billion each year in medical treatment and lost productivity. The 2010 Patient Protection and Affordable Care Act required the Department of Health and Human Services (HHS) to enlist the Institute of Medicine (IOM) in examining pain as a public health problem. In this report, the IOM offers a blueprint for action in transforming prevention, care, education, and research, with the goal of providing relief for people with pain in America. To reach the vast multitude of people with various types of pain, the nation must adopt a population-level prevention and management strategy. The IOM recommends that HHS develop a comprehensive plan with specific goals, actions, and timeframes. Better data are needed to help shape efforts, especially on the groups of people currently underdiagnosed and undertreated, and the IOM encourages federal and state agencies and private organizations to accelerate the collection of data on pain incidence, prevalence, and treatments. Because pain varies from patient to patient, healthcare providers should increasingly aim at tailoring pain care to each person's experience, and self-management of pain should be promoted. In addition, because there are major gaps in knowledge about pain across health care and society alike, the IOM recommends that federal agencies and other stakeholders redesign education programs to bridge these gaps. Pain is a major driver for visits to physicians, a major reason for taking medications, a major cause of disability, and a key factor in quality of life and productivity. Given the burden of pain in human lives, dollars, and social consequences, relieving pain should be a national priority.

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Glossary Relieving Pain in America: A Blueprint for Transforming 2011. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Washington, DC: The National Academies Press. doi: **Report Brief : Health and Medicine Division** Suggested Citation: Glossary. Institute of Medicine. 2011. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. **4 Education Challenges Relieving Pain in America: A Blueprint for** Suggested Citation: Index. Institute of Medicine. 2011. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Pain Research, Informatics, Medical Comorbidities, and Education (PRIME) Center, **relieving pain in america institute of medicine report highlights** Although the concept of chronic pain has always been discussed, there has been no 116,000,000 Americans suffer from some sort of chronic pain. and the call to the flag suggests that more research has to be developed, more that care givers be better trained in understanding pain, diagnosing pain, **Relieving Pain in America: A Blueprint for Transforming Prevention** This effort will take a comprehensive view of chronic pain as a biological, biobehavioral, and societal condition. Identify barriers to appropriate pain care and strategies to reduce such barriers, including exploring the importance of individualized approaches to diagnosis and treatment of pain. **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Chronic pain affects about 100 million **Relieving Pain in America: A Blueprint for Transforming Prevention** 2011. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Washington, DC: The National Academies Press. doi: **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, regarding pain research, care, and education and to make recommendations to **Committee on Advancing Pain Research, Care, and Education** Chronic pain costs the nation up to \$635 billion each year in for action in transforming prevention, care, education, and research, with the **Introduction - Relieving Pain in America - NCBI Bookshelf** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. The National Academy of Sciences is a private, nonprofit, **THE NATIONAL ACADEMIES - Relieving Pain in America - NCBI - NIH** Education issued what is unquestionably the most comprehensive report on Public health care programs absorbed almost \$100 billion in pain care costs in 2008. Focusing pain research efforts at NIH, and coordinating that Relieving Pain in America: A Blueprint for Transforming Prevention, Care,. **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, 6A Blueprint for Transforming Pain Prevention, Care, Education, and Research. **6 A Blueprint for Transforming Pain Prevention, Care, Education** Download a PDF of Relieving Pain in America by the Institute of Medicine for A Blueprint for Transforming Prevention, Care, Education, and Research (2011). **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming. Prevention, Care, Education, and Research. Committee on Advancing Pain Research, **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, aimed at meeting national needs, encourages education and research, and **Summary Relieving Pain in America: A Blueprint for Transforming** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Washington, DC: The National Academies Press. doi: **1 Introduction Relieving Pain in America: A Blueprint for** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Research. 9780309214841. 030921484X. **Relieving Pain in America: A Blueprint for Transforming Prevention** Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research: 9780309256278: Medicine & Health Science Books **Relieving Pain in America - The Interagency Pain Research** REPORT BRIEF JUNE 2011. Relieving Pain in America. A Blueprint for Transforming. Prevention, Care, Education, and Research. Chronic pain affects about **Index**

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