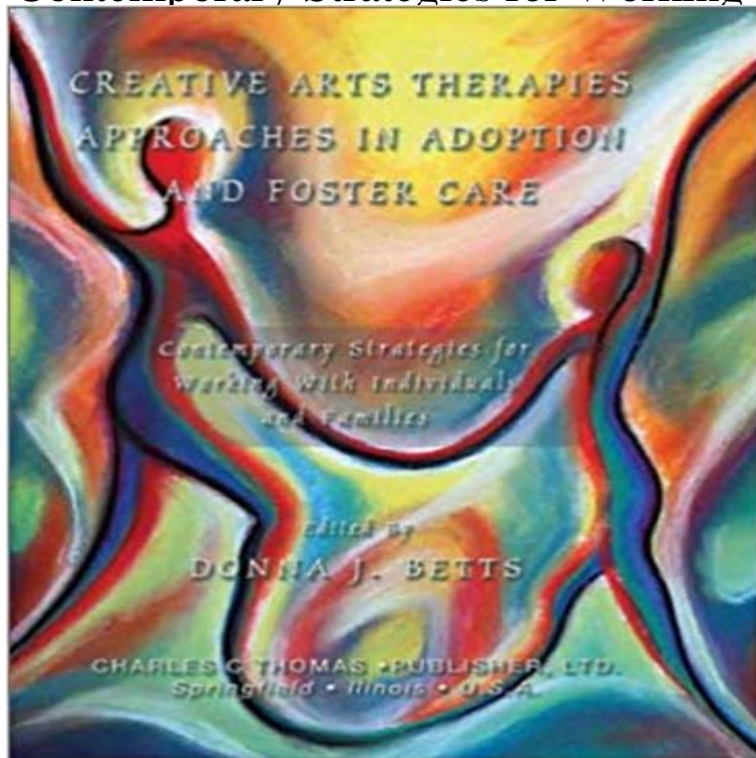


Creative Arts Therapies Approaches in Adoption and Foster Care: Contemporary Strategies for Working With Individuals and Families



This volume presents perspectives of creative arts therapies approaches in adoption and foster care. Creative arts therapists will find this collection to be of particular relevance, but the intention is to also introduce this subject to a wide range of clinicians, including those in the associated professions of social work, counseling, psychology, psychiatry, nursing, teaching, and related fields. The chapters refer specifically to the development and contemporary application of creative arts therapies approaches in adoption and foster care. The chapters reflect the ways in which creative arts therapies can be applied in different settings, and represent the spectrum of ideas in current practice. The first seven chapters focus on adoption and present theoretical perspectives on adoption adjustment that include psychodynamic, attachment, social role, family systems, stress and coping, object relations, trauma, cognitive-behavioral, and biological perspectives. A variety of psychological constructs are explored, such as trust attachment, abandonment, rejection, self-esteem, identity integration, grief, and loss. These chapters also reflect types of work with specific adoption populations, including international and transracial. Individual, group, and family therapy formats are outlined. Approaches to treatment including art, drama, music, play, and sand tray therapy are presented predominantly in case study format. In some cases, diagnosis and assessment are discussed. In Part Two, the five chapters that focus on foster care explore the creative arts therapists role in the social system; attachment and foster care research; issues such as self-esteem, boundaries, guilt, shame, loss, ambivalence, aggression, splitting, rejection, trauma; themes of abuse and neglect, resilience. and behavioral and emotional disturbances. Five chapters

exploring transcultural and transracial issues are the focus of Part Three. This book will help meet a demand for ideas and practical information about this topic on the part of an audience reaching beyond the creative arts therapies.

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